



Eleanor's *Flavor* *Story*

BY CHEF ELEANOR

A seat at *Eleanor's table.*

There is beauty in the little things: a golden edge,
a fresh green garnish, a plate arranged with care.

This expanded collection celebrates 27 dishes through
colour, texture and the joy of bringing food to the table.

Made with care. Served with joy.

Food photographs artistically restyled with AI.
Inspired by supplied dishes. Recipe methods were not supplied.

The collection

27 DISHES / ONE BEAUTIFUL TABLE

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02 Velvet Forest

03 Garden Harmony

04 Coral Swirl

05 Golden Harvest

06 Golden Glow

07 Mint Breeze

08 Velvet Fold

09 Tropical Glow

The collection

27 DISHES / ONE BEAUTIFUL TABLE

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The collection

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01 / CRISP & COLOURFUL

Golden Wrap

CHEF ELEANOR

Details to savour



ON THE PLATE

Golden toasted wraps and shrimp

Colourful tomatoes on a green base

Dragon fruit and berries to finish

A crisp bite, a colourful finish.



02 / RICH & COMFORTING

Velvet Forest

CHEF ELEANOR

Details to savour



ON THE PLATE

Salmon in a creamy mushroom sauce

A scattering of chopped green herbs

Lemon and colourful tomato accents

A little richness. A lot of warmth.



03 / FRESH & VIBRANT

Garden Harmony

CHEF ELEANOR

Details to savour



ON THE PLATE

Rice with a delicate herb finish

Asparagus, broccoli and Brussels sprouts

Avocado, carrots and berry accents

Fresh colour belongs at every table.



04 / WARM & GENEROUS

Coral Swirl

CHEF ELEANOR

Details to savour



ON THE PLATE

Penne and shrimp in an orange cream sauce

Avocado and crisp lettuce alongside

Lemon, strawberries and a mint finish

Comfort, with a fresh finishing touch.



05 / MADE FOR SHARING

Golden Harvest

CHEF ELEANOR

Details to savour



ON THE PLATE

Seasoned shrimp and golden corn rounds

Small potatoes with a rich coating

Lemon wedges and chopped fresh herbs

A generous platter for good company.



06 / FROM ELEANOR'S TABLE

Golden Glow

CHEF ELEANOR

16

Details to savour



ON THE PLATE

Seasoned chicken with golden potatoes

Carrots, red peppers and fresh herbs

Rice and lime wedges alongside

Made with care. Served with joy.



07 / FROM ELEANOR'S TABLE

Mint Breeze

CHEF ELEANOR

18

Details to savour



ON THE PLATE

Long-grain rice with chicken and green herbs

Lemon slices and a fresh mint finish

Dragon fruit arranged at the edge

Made with care. Served with joy.



08 / FROM ELEANOR'S TABLE

Velvet Fold

CHEF ELEANOR

20

Details to savour



ON THE PLATE

Chicken and sliced peppers in a creamy sauce

Flatbread with golden potato wedges

A colourful side salad and lemon

Made with care. Served with joy.



09 / FROM ELEANOR'S TABLE

Tropical Glow

CHEF ELEANOR

22

Details to savour



ON THE PLATE

Golden rice topped with browned chicken
Carrot rounds, green chillies and fresh herbs
Lime slices and papaya to finish

Made with care. Served with joy.



10 / FROM ELEANOR'S TABLE

Crispy Bloom

CHEF ELEANOR

24

Details to savour



ON THE PLATE

Golden round patties with two dipping sauces

Cucumber, tomatoes, carrots and feta cubes

Lemon wedges and fresh mint

Made with care. Served with joy.



11 / FROM ELEANOR'S TABLE

Ruby Harvest

CHEF ELEANOR

26

Details to savour



ON THE PLATE

Yellow rice with chicken pieces

Pomegranate seeds scattered over the platter

Lemon slices for a bright finish

Made with care. Served with joy.



12 / FROM ELEANOR'S TABLE

Garden Crown

CHEF ELEANOR

28

Details to savour



ON THE PLATE

Rice layered with aubergine and potatoes

Golden carrots and green pepper pieces

Lemon slices and fresh herbs

Made with care. Served with joy.



13 / FROM ELEANOR'S TABLE

Zesty Roll

CHEF ELEANOR

30

Details to savour



ON THE PLATE

Three browned rolls with a glossy finish

A white sauce drizzled over the top

Lettuce, spring onions and lemon wedges

Made with care. Served with joy.



14 / FROM ELEANOR'S TABLE

Citrus Sun

CHEF ELEANOR

32

Details to savour



ON THE PLATE

Chicken pieces nestled in golden rice

Red peppers and fresh green herbs

Orange and lemon slices at the edge

Made with care. Served with joy.



15 / FROM ELEANOR'S TABLE

Mango Sunrise

CHEF ELEANOR

34

Details to savour



ON THE PLATE

Chicken and golden rice on a sharing platter

Lemon slices and a fresh herb finish

A sliced mango cheek alongside

Made with care. Served with joy.



16 / FROM ELEANOR'S TABLE

Golden Halo

CHEF ELEANOR

Details to savour



ON THE PLATE

Roasted chicken portions over yellow rice

Green chillies and chopped fresh herbs

Lemon slices and strawberries in onion rings

Made with care. Served with joy.



17 / FROM ELEANOR'S TABLE

Summer Glow

CHEF ELEANOR

38

Details to savour



ON THE PLATE

Browned chicken over long-grain rice

Lemon wedges and fresh green herbs

Watermelon triangles to finish

Made with care. Served with joy.



18 / FROM ELEANOR'S TABLE

Velvet Nest

CHEF ELEANOR

40

Details to savour



ON THE PLATE

A browned chicken leg at the centre

A soft, creamy grain base

A golden drizzle and fresh herb garnish

Made with care. Served with joy.



19 / FROM ELEANOR'S TABLE

Harvest Hug

CHEF ELEANOR

Details to savour



ON THE PLATE

Meat pieces with potatoes and carrots

A rich red sauce and chopped herbs

White rice and lemon wedges alongside

Made with care. Served with joy.



20 / FROM ELEANOR'S TABLE

Midnight Gems

CHEF ELEANOR

44

Details to savour



ON THE PLATE

Glossy stuffed aubergines on a sharing platter

A colourful salad with feta cubes

Lemon wedges and fresh greens

Made with care. Served with joy.



21 / FROM ELEANOR'S TABLE

Harvest Secrets

CHEF ELEANOR

46

Details to savour



ON THE PLATE

Stuffed green and orange peppers
Long stuffed vegetable rolls alongside
Strawberries and fruit accents

Made with care. Served with joy.



22 / FROM ELEANOR'S TABLE

Ruby Garden

CHEF ELEANOR

48

Details to savour



ON THE PLATE

Strawberries, feta cubes and pomegranate

Cucumber, lettuce and leafy greens

A colourful salad made for sharing

Made with care. Served with joy.



23 / FROM ELEANOR'S TABLE

Garden Crunch

CHEF ELEANOR

50

Details to savour



ON THE PLATE

Lettuce with carrots and sliced peppers

Onion strips and a golden crunchy topping

Fresh colour and contrasting textures

Made with care. Served with joy.



24 / FROM ELEANOR'S TABLE

Herb Cloud

CHEF ELEANOR

52

Details to savour



ON THE PLATE

A creamy yogurt base with chopped greens

A scattering of red spice across the top

Orange-coloured strips at the centre

Made with care. Served with joy.



25 / FROM ELEANOR'S TABLE

Ruby Cloud

CHEF ELEANOR

54

Details to savour



ON THE PLATE

A smooth, creamy white base

Pomegranate seeds and chopped green herbs

A simple, colourful finishing touch

Made with care. Served with joy.



26 / FROM ELEANOR'S TABLE

Green Ribbons

CHEF ELEANOR

56

Details to savour



ON THE PLATE

Fine strips of carrot, cucumber and onion
Leafy greens framed by upright romaine leaves
A bright lemon garnish

Made with care. Served with joy.



27 / FROM ELEANOR'S TABLE

Berry Bloom

CHEF ELEANOR

58

Details to savour



ON THE PLATE

Romaine leaves and a bed of fresh rocket

Strawberries and raspberries arranged at the edge

Lemon wedges for a fresh citrus finish

Made with care. Served with joy.

From her hands,
to your table.

Thank you for sharing the story.

CHEF ELEANOR / ELEANOR'S FLAVOR STORY